

## Request for a PBS Student in a Field Experience Practicum

Organization Name & Mission	The Pediatric Integrated Behavioral Health (Peds IBH) program was developed in partnership between DMHA, Riley Children’s Foundation, and IU Health. The model will deliver evidence-based interventions for the most common behavioral health conditions
Supervisor	Cara Jones, MPA - Practice Administrator Christa Kabbes, LMHC – Behavioral Health Counselor for clinical supervision
Supervisor’s phone	219-477-0978
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Project description	Students will work collaboratively with Peds IBH staff to assist in direct care and administrative tasks around the delivery of evidence-based interventions for the most common pediatric behavioral health conditions in primary care settings.
Student responsibilities	<p><b><u>This practicum will be for the whole academic year from August 2024-May 2025.</u></b></p> <p>Students will in this practicum will participate in both individual and group therapy components:</p> <ul style="list-style-type: none"> <li>• Students will undergo training in an evidence-based intervention called FIRST and have the opportunity to work collaboratively with the Peds IBH team on a small panel of patients over the course of the practicum. FIRST is a transdiagnostic model that addresses mild-moderate anxiety, depression, and misbehavior for children 5-17.</li> <li>• Students will be paired with a clinician running a virtual therapy group to shadow and assist with the group as needed. Current groups that students may be placed in include Executive Functioning &amp; Organizational Skills Training, DBT Skills, Social Skills Training, and Early Childhood Parenting Skills.</li> <li>• Students will complete a semester project for the fall and spring. These projects will provide students an opportunity to gain valuable, practical experience in the field and make a lasting impact on our program. For the fall project, students will create proposals to our clinical team to introduce a new virtual therapy group into our service catalog. Accepted proposals will be implemented into practice. Spring projects will be selected by the students and be informed by their experience with us and deep understanding of our program – this could be anything from new service proposals to meet identified patient needs, quality improvement projects, program evaluation, DEI initiatives, research questions, etc. Spring project topics may allow for expansion or adjustment of weekly activities as relevant.</li> </ul>
Work schedule –	<p>Students should plan to work 7-8 hours/week We will do our best to work with students’ schedules to land on weekly schedule assignments to pick specific days. An ideal schedule will be two 4-hour shifts/week. There may be opportunity for onsite shifts in Bloomington at one of the three IU Health pediatric offices. Fully virtual placement is also available.</p> <p>There will also be a required virtual, bi-weekly cohort meeting with all participating practicum students.</p> <p>Some aspects, like group participation, are only available at designated times. The majority of our groups take place between 4-6pm, Monday-Thursday. If you have no availability in that block on at least one day, that would be prohibitive to group therapy participation.</p>

Qualifications	<p>Excellent problem-solving skills and interpersonal skills.          Strong desire to learn and ability to be adaptable.          Teamwork and collaboration are needed to successfully complete this placement.          Interest in working with children and adolescents</p>
Benefits for the student	<p>Students will work directly with an interprofessional health sciences team to participate in a new and innovative program at the very early stages and see how both the clinical aspect and research components of a program are built.</p> <p>The students will gain an understanding of the roles and responsibilities of a variety of health science professionals and strategies on how they work together in an integrated environment.</p> <p>Students will shadow and participate in both individual and group behavioral health interventions for children and adolescents.</p> <p>Students will receive extensive training in evidence-based models of care and clinical supervision from experienced clinicians.</p> <p>Students will have the opportunity to meet doctors, researchers, and mental health clinicians from a variety of specialty areas.</p> <p>Students will gain experience working in an electronic health record and clinical documentation.</p> <p><b>As a fully trained FIRST provider by the end of the practicum, graduating students will be given preference for permanent job placement in May 2025.</b></p>
Application process	<p>Complete the application here: <a href="https://forms.office.com/r/raGpbbLLCD">https://forms.office.com/r/raGpbbLLCD</a> and then email your resume to <a href="mailto:cjones118@iuhealth.org">cjones118@iuhealth.org</a></p> <p>Prospective students will be contacted for virtual interviews.</p> <p>We will be accepting 3-5 students. Applications will be considered on a rolling basis and will be closed EOB on April 22 or once all the spots have been filled.</p>